

Chandra Namaskar - la Salutation à la Lune



Inspir



Expir



Inspir



Expir



Inspir



Expir / Inspir



Expir



Inspir



Expir



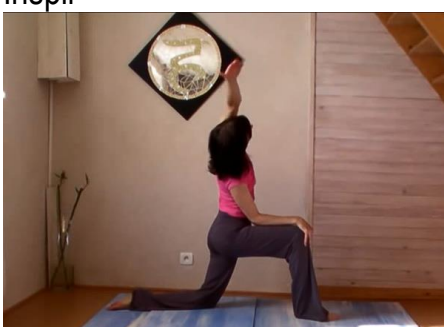
Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir



Expir



Inspir (ramener bras) - Expir



Inspir



Expir



Inspir / Expir